

Wolverhampton Diabetes Centre OPD Handwritten Note

Name	
Number	
Date	
Clinic	
ApTime	
Height	
Weight	
BMI	
BP	
Eyes	
Feet	
Urine	
Meter D	
Other	
Other	
Other	
OPDLetter	
Staff	
GMC/PIN	
SeenTime	
Sign	

Notes

Structured Consultation

Introduction - always

Thanks for attending.
 Review My Diabetes Plan
 Note concerns (clarify)

Structured Review - always

Glucose control
 Hypoglycaemia
 Self-Monitoring
 DVLA Driving
 Weight Lifestyle
 Eyes
 Renal
 Feet
 Blood pressure
 Cholesterol _lipids
 Macro - Vascular risk
 Other issues

Medications review, revision
 Ensure Pt. concerns addressed
 Discuss and Agreed Actions

Structured letter / Care plan

At least annually
 Single letter, dictate with patient,
 addressed to patient cc GP with
Additional Notes to GP as required
 (Familiarise from examples).